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## FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject t	~
Check this box if no longer subject t	U
Section 16. Form 4 or Form 5	
obligations may continue. See	
Instruction 1(b).	

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

## OMB APPROVAL

hours per response:	0.5
Estimated average burd	len
	3235-0207

									<b>D</b> () ( )				
	ss of Reporting Perso	n*		er Name and Ticke	•	ymbol	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)						
BROADHEAD JAMES L				<u>NKS CO</u> [ вс	0]		X	Director	10% (	Dwner			
(Last) 1801 BAYBERI		(Middle)	3. Date 06/24,	e of Earliest Transac /2005	ction (Month/E	Day/Year)		Officer (give title below)	Other below	(specify )			
P.O. BOX 18100				nendment, Date of (	Original Filed	(Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable Line)						
(Street)							X	Form filed by One	e Reporting Pers	son			
RICHMOND	VA	23226-810	0					Form filed by Mo Person					
(City)	(State)	(Zip)											
	Та	ble I - Non	-Derivative S	ecurities Acqu	uired, Disp	oosed of, or Benefi	cially	Owned					
1. Title of Security (Instr. 3) Date (Month/D				2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4 5)		5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership			

	(Month/Day/Year)	if any (Month/Day/Year)	Code ( 8)	Instr.	5)			Beneficially Owned Following Reported	(D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(11501 4)
Common Stock	06/24/2005		М		424	A	\$28.03	2,383	D	
Common Stock	06/24/2005		М		701	A	\$17	3,084	D	

 

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code ( 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		e and 7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Non- Employee Stock Option (Right to Buy)	\$28.03	06/24/2005		М			424	01/03/1996	07/03/2005	Common Stock	424	(1)	18,334	D	
Non- Employee Stock Option (Right to Buy)	\$17	06/24/2005		М			701	01/03/1996	07/03/2005	Common Stock	701	(1)	17,633	D	

Explanation of Responses:

1. Not applicable.

Remarks:

/s/ Elizabeth C. Restivo

Elizabeth C. Restivo, Attorney- 06/28/2005 In-Fact

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.