Common Stock

 \Box

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading Symbol

OMB APPROVAL									
OMB Number:	3235-0287								
Estimated average but	rden								

5. Relationship of Reporting Person(s) to Issuer

1		
	hours per response:	0.5
l	Estimated average burden	

1. Name and Addr BARKER J	ress of Reporting Pe AMES R		er Name and Ticke <u>NKS CO</u> [BC		ding S	Symbol		k all applicable) Director	ng Person(s) to Issuer 10% Owner						
(Last) 1801 BAYBEF	(First) RRY COURT	(Middle)	3. Date 05/11	e of Earliest Transa /2006	ction (N	1onth/I	Day/Year)		Officer (give title below)	Other below	(specify /)				
P.O. BOX 1810	00	4. If Ar	nendment, Date of	Origina	l Filed	(Month/Day/		6. Individual or Joint/Group Filing (Check Applicable							
(Street) RICHMOND	VA	23226-8100	_					Line) X							
(City)	(State)														
		Table I - Non-D		-	uired,	Dis			-	1		1			
1. Title of Security (Instr. 3) 2. Trans Date (Month/I				Execution Date,		action (Instr.	4. Securities Disposed Of 5)			5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership			
					Code	v	Amount (A) or Pri		Price	Transaction(s) (Instr. 3 and 4)		(Instr. 4)			
Common Stock		C	5/11/2006		М		1,000	A	\$29.5	2,682	D				
Common Stock		C	5/11/2006		М		1,000	A	\$29.81	3,682	D				
Common Stock	:	C	5/11/2006		М		1,000	A	\$37.47	4,682	D				
Common Stock	:	C	5/11/2006		М		1,000	A	\$26.69	5,682	D				
Common Stock	:	C	5/11/2006		М		2,517	A	\$14.13	8,199	D				
Common Stock	:	C	5/11/2006		М		2,517	A	\$21.89	10,716	D				
Common Stock	:	C	5/11/2006		М		2,517	A	\$23.54	13,233	D				
Common Stock		C	5/11/2006		М		2,517	A	\$14.64	15,750	D				
Common Stock		C	5/11/2006		М		2,517	A	\$33.8	18,267	D				
Common Stock		C	5/11/2006		М		2,517	A	\$36.12	20,784	D				
Common Stock		C	5/11/2006		М		16	A	\$19.46	20,800	D				
Common Stock		C	5/11/2006		М		242	A	\$43.59	21,042	D				
Common Stock		C	5/11/2006		М		242	A	\$31.68	21,284	D				
Common Stock		C	5/11/2006		М		242	A	\$19.53	21,526	D				
Common Stock		C	5/11/2006		S		1,500	D	\$55.3	20,026	D				
Common Stock		C	5/11/2006		S		400	D	\$55.32	19,626	D				
Common Stock		C	5/11/2006		S		1,000	D	\$55.33	18,626	D				
Common Stock		C	5/11/2006		S		300	D	\$55.34	18,326	D				
Common Stock		C	5/11/2006		S		600	D	\$55.35	17,726	D				
Common Stock		C	5/11/2006		S		4,000	D	\$55.36	13,726	D				
Common Stock		C	5/11/2006		S		700	D	\$55.37	13,026	D				
Common Stock		C)5/11/2006		S		1,800	D	\$55.39	11,226	D				
Common Stock		C)5/11/2006		S		3,600	D	\$55.4	7,626	D				
Common Stock		0	5/11/2006		S		1,044	D	\$55.42	6,582	D				

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

S

4,900

D

\$55.43

1,682

D

05/11/2006

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction T Date (Month/Day/Year)	Allegerogeriva Execution Date, if any (e.g., -(Month/Day/Year)	ative Transa Octas, (8)	Secu Galls	Secu Acq (A) (Disp of (D	urities uired or oosed 0) tr. 3, 4	Gi Petr ⊟Stig Expiration Da S∢(NOPHIOB) S	စ္ခဗီးဗ ော်of ^{Re} gonverti	Or Beneficially Amount of Use Second Surities) Underlying Derivative Security (Instr. 3 and 4)		Derivative Security (Instr. 5)	y Securities	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (Bode	Instr.	of Deri Seci Acq (A) c Disp of (D	osed)) tr. 3, 4	6. Date Exerc Expiration Da Manth/Day/N Exercisable	te	7. Title and or Amount or Securities of Underlying Shares Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owmed Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) <u>or Indirect</u> (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Non- Employee Stock Option (Right to Buy)	\$29.5	05/11/2006		М			1,000	01/01/1997	07/01/2006	Common Stock	1,000	(1)	19,134	D	
Non- Employee Stock Option (Right to Buy)	\$29.81	05/11/2006		М			1,000	01/01/1998	07/01/2007	Common Stock	1,000	(1)	18,134	D	
Non- Employee Stock Option (Right to Buy)	\$37.47	05/11/2006		М			1,000	01/01/1999	07/01/2008	Common Stock	1,000	(1)	17,134	D	
Non- Employee Stock Option (Right to Buy)	\$26.69	05/11/2006		М			1,000	01/01/2000	07/01/2009	Common Stock	1,000	(1)	16,134	D	
Non- Employee Stock Option (Right to Buy)	\$14.13	05/11/2006		М			2,517	01/03/2001	07/03/2010	Common Stock	2,517	(1)	13,617	D	
Non- Employee Stock Option (Right to Buy)	\$ 21.89	05/11/2006		М			2,517	01/02/2002	07/02/2011	Common Stock	2,517	(1)	11,100	D	
Non- Employee Stock Option (Right to Buy)	\$ 23.54	05/11/2006		М			2,517	01/01/2003	07/01/2012	Common Stock	2,517	(1)	8,583	D	
Non- Employee Stock Option (Right to Buy)	\$14.64	05/11/2006		М			2,517	01/01/2004	07/01/2013	Common Stock	2,517	(1)	6,066	D	
Non- Employee Stock Option (Right to Buy)	\$33.8	05/11/2006		М			2,517	01/01/2005	07/01/2014	Common Stock	2,517	(1)	3,549	D	
Non- Employee Stock Option (Right to Buy)	\$36.12	05/11/2006		М			2,517	01/01/2006	07/01/2015	Common Stock	2,517	(1)	1,032	D	
Non- Employee Stock Option (Right to Buy)	\$19.46	05/11/2006		М			16	01/01/2000	07/01/2009	Common Stock	16	(1)	1,016	D	
Non- Employee Stock Option (Right to Buy)	\$43.59	05/11/2006		М			242	01/01/1997	07/01/2006	Common Stock	242	(1)	774	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		of Deri Sec Acq (A) (Disp of (I	oosed D) tr. 3, 4	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Non- Employee Stock Option (Right to Buy)	\$ 31.68	05/11/2006		М			242	01/01/1999	07/01/2008	Common Stock	242	(1)	532	D	
Non- Employee Stock Option (Right to Buy)	\$19.53	05/11/2006		М			242	01/01/2000	07/01/2009	Common Stock	242	(1)	290	D	

Explanation of Responses:

1. Not applicable.

Remarks:

/s/ Elizabeth C. Restivo

Elizabeth C. Restivo, Attorney- 05/15/2006

<u>In-Fact</u>

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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